

| SPEC. | RECORD | JM | PROM. | SM | SM35 | SM40 | SM45 | SM50 | SM55 | SM60 | SM65 | SM70 | SM75 |
|-------------------------|---|-----------------------------------|----------------------------------|---------------------------------|--------------------------------------|---------------------------------------|--|---------------------------------|--|--|----------------------------------|--------------------------------|---------------------------------|
| 5.000 mt. | 15.33.35 Stefano Bianco (2017) | 18.32.0 Gregorio Fornarini (2013) | 15.56.2 Marco Maginzali (1996) | 15.47.0 Marco Tiozzo (2001) | 15.33.35 Stefano Bianco (2017) | 16.13.5 Giancarlo Gobbo (1999) | 16.18.07 Gilberto Atzeni (2002) | 18.00.0 Angelo Asero (2007) | 18.25.25 Francesco Mazzilli (2014) | 19.17.4 Umberto Golino (1998) | 19.48.0 Umberto Golino (2003) | 21.34.41 Umberto Golino (2008) | |
| 10.000 mt. pista | 32.14.32 Stefano Bianco (2017) | | 34.44.93 Alberto Varalli (2005) | 34.44.85 Umberto Porrini (2011) | 32.14.32 Stefano Bianco (2017) | 33.22.0 Giancarlo Gobbo (1999) | 35.49.78 Franco Mazzilli 2004 | 39.35.65 Franco Mazzilli 2010 | 44.02.80 Gianfranco Crivellaro 2011 | 44.31.60 Emanuele Balzarini 2011 | 42.42.74 Umberto Golino 2004 | 50.51.20 Umberto Golino 2011 | |
| 10.000 mt. strada | 31.29 Gilberto Atzeni (2003) | 37.50 Gregorio Fornarini (2013) | 38.28 Matteo Raimondi (2007) | 33.49 Andrea Erario 2016 | 31.54 Ronnie Fochi (2015) | 33.34 Virgilio Franchi (2013) | 31.33 Gilberto Atzeni (2003) | 37.00 Angelo Fravolini (2016) | 38.42 Angelo Fravolini (2018) | 40.22 Francesco Mazzilli (2019) | 43.50 Umberto Golino (2007) | 45.38 Umberto Golino (2008) | 50.35 Umberto Golino (2013) |
| MEZZA MARAT. 21,097 mt. | 1h09.52 Stefano Bianco (2016 Busto) | 1h26.00 Gregorio Fornarini (2013) | 1h24.52 Loris Del Vecchio (2015) | 1h12.23 Marco Tiozzo (2001) | 1h09.52 Stefano Bianco (2016) | 1h12.53 Gilberto Atzeni (1998) | 1h12.54 Maurizio Brassini (2013) | 1h20.48 Angelo Fravolini (2015) | 1h24.21 Angelo Fravolini (2018) | 1h29.18 Pietro Venturini (2000) | 1h 32.38 Pietro Venturini (2004) | 1h49.11 Angelo Cerello (2008) | 2h00.13 Pietro Venturini (2013) |
| MARAT. 42,195 mt. | 2h29.55 Stefano Bianco (Brescia 12.3.17) | | | 2h 46.44 Marco Maginzali (2003) | 2h29.55 Stefano Bianco (2017) | 2h39.24 Diego Giacomini (2018) | 2h54.08 Cristiano Mazzoni (2017) | 2h58.27 Angelo Fravolini (2017) | 3h07.01 Pietro Venturini (1998) | 3h05.42 Pietro Venturini (1999) | 5h36.23 Savino Scarano (2017) | | |
| 100 KM | 8h31.50 Paolo Scatolini (Seregno '17) | | | | | 9h33.29 Roberto Muraro (Seregno '17) | 8h31.50 Paolo Scatolini (Seregno 2017) | | 10h54.38 Cesare Garberi Seregno '15 | | | | |
| LUNGO | Mt. 4,78 Urban R. (1994) | | | | Mt. 4,51 De Narda D. (2000) | Mt. 4,78 Urban R. (1994) | Mt. 4,59 Urban R. (1998) | | | | | | |
| PESO | Mt. 8,78 Urban R. (1994) | | | | Mt. 7,25 Marco Ferro 95 | Mt. 8,78 Urban R. (1994) | Mt. 6,30 Sgotto F. (1998) | | Mt. 8,60 Magnoni V. (1994) | | | | |
| GIAVELL. | Mt. 33,72 Urban R. (1995) | | | | | Mt. 33,72 Urban R. (1995) | Mt. 30,85 Asero A. (2003) | | | | | | |

ATL. CASORATE - MIGLIORI PRESTAZIONI DI SEMPRE

DONNE (al 27.01.2019)

| SPEC. | RECORD | ESORD. F. | PROM. | SF | SF35 | SF40 | SF45 | SF50 | SF55 | SF60 | SF65 |
|-------------------------|---|--------------------------------|---|---|--|--|---------------------------------------|-------------------------------------|---|--|---|
| 100 mt. | 14.90 Martina Dorz (2014) | 14.90 Martina Dorz (2014) | | 16.47 Francesca Crocetti (2013) | 16.93 Lara Galasso (2013) | 16.21 Simona Lo Cane (2014) | 15.21 Lorena Strozzi (2013) | | | | |
| 200 mt. | 30.5 Lorena Strozzi (2011) | | | | | | 30.5 Lorena Strozzi (2011) | | 32.78 Francesca Barone (2014) | | |
| 400 mt. | | 1.14.40 Martina Dorz (2014) | | | | | 1.25.34 Luana Marzolo (2014) | | 1.10.80 Francesca Barone (2014) | | |
| 800 mt. | 2.22.21 Silvia Murgia (2008) | | | 2.24.52 Silvia Murgia (2007) | 2.22.21 Silvia Murgia (2008) | 2.27.85 Lorena Strozzi (2012) | 2.46.60 Emanuela Fossa (2011) | 2.39.95 Francesca Barone (2011) | 2.34.84 Francesca Barone (2013) | 4.14.45 Maria Radice (2011) | 3.50.18 Ersilia Isotta (2007) |
| 1.000 MT. | 2.58.00 Silvia Murgia (2010) | 3.38.37 Martina Dorz (2014) | 3.25.34 Marta Landini (2006) | 3.06.78 Silvia Murgia (2007) | 2.58.00 Silvia Murgia (2010) | 3.10.30 Lorena Strozzi (2010) | 3.19.37 Lorena Strozzi (2013) | 3.21.70 Francesca Barone (2011) | 3.25.78 Francesca Barone (2013) | 4.13.24 Ersilia Isotta (2001) | 4.45.87 Ersilia Isotta (2006) |
| 1.500 MT. | 4.54.04 Silvia Murgia (2008) | | | 4.57.64 Silvia Murgia (2007) | 4.54.04 Silvia Murgia (2008) | 5.01.60 Lorena Strozzi (2012) | 5.35.85 Emanuela Fossa (2011) | 5.13.84 Francesca Barone (2011) | 5.18.07 Francesca Barone (2013) | 8.27.50 Maria Radice (2011) | |
| MIGLIO PISTA | 5.09.15 Silvia Murgia (2010) | 6.30.71 Martina Dorz (2014) | 5.50.15 Marta Landini (2006) | 5.34.53 Silvia Murgia (2007) | 5.09.15 Silvia Murgia (2010) | 5.28.50 Lorena Strozzi (2010) | 5.38.62 Lorena Strozzi (2014) | 5.46.85 Francesca Barone (2011) | 5.42.11 Francesca Barone (2013) | 7.43.20 Ersilia Isotta (2004) | 8.12.59 Ersilia Isotta (2007) |
| 2.000 MT. | 7.16.00 Lorena Strozzi (2011) | | 7.37.65 Paola Gobbo (2011) | | 7.54.20 Michela Urh (2011) | 7.16.00 Lorena Strozzi (2011) | 7.42.70 Emanuela Fossa (2011) | 7.47.50 Francesca Barone (2011) | | 11.34.55 Maria Radice (2011) | |
| 3.000 mt. | 10.17.65 Silvia Murgia (2011) | | 11.12.0 Stefania De Felice (1999) | 10.53.90 Silvia Murgia (2007) | 10.17.65 Silvia Murgia (2011) | 11.02.30 Lorena Strozzi (2011) | 10.59.55 Lorena Strozzi (2013) | 11.29.10 Francesca Barone (2012) | 11.16.85 Francesca Barone (2014) | 13.58.29 Ersilia Isotta (2001) | 16.14.00 Ersilia Isotta (2007) |
| 5.000 mt. | 18.09.80 Silvia Murgia (2010) | 23.10 Martina Dorz (2013) | 19.40.09 Marta Landini (2008) | 19.28.93 Silvana Bossi (2005) | 18.09.80 Silvia Murgia (2010) | 18.54.15 Lorena Strozzi (2012) | 19.41.85 Lorena Strozzi (2013) | 19.48.80 Francesca Barone (2012) | 19.14.45 Francesca Barone (2013) | 23.41.0 Ersilia Isotta (2001) | |
| 10.000 mt. pista | 36.57.50 Silvia Murgia (2010) | | | 44.11.55 Silvana Bossi (2005) | 36.57.50 Silvia Murgia (2010) | 40.34.55 Lorena Strozzi (2010) | 43.27.60 Emanuela Fossa (2011) | 43.12.00 Francesca Barone (2011) | | 47.57.90 Ersilia Isotta (2004) | |
| 10.000 mt. Strada | 37.14 Silvia Murgia (2010) | | 39.46 Paola Gobbo (2011) | 37.59 Marta Latino (2018) | 37.14 Silvia Murgia (2010) | 39.24 Emanuela Fossa (2008) | 39.08 Lorena Strozzi (2013) | 41.49 Lorena Strozzi (2018) | 40.34 Francesca Barone (2013) | 57.29 Paola Ghiraldini (2017) | 54.28 Ersilia Isotta (2007) |
| MEZZA MARAT. 21h097 mt. | 1h22.20 Silvia Murgia (2010) | | 1h30.18 Stefania De Felice (1998) | 1h26.55 Paola Gobbo (2012) amsterdam | 1h22.20 Silvia Murgia (2010) Parma | 1h28.33 Lorena Strozzi (2012) | 1h26.20 Lorella Atzeni (2016) | 1h30.09 Francesca Barone (2012) | 1h 33.29 Francesca Barone (2013) | 1h 38.04 Ersilia Isotta (2001) Gargnano | 1h51.13 Ersilia Isotta (2006) Busto A. |
| MARAT. 42h195 mt. | 3h00.13 Silvia Murgia (2010) | | | 3h04.47 Stefania De Felice (2001) | 3h00.13 Silvia Murgia (2010) Venezia | 3h27.32 Lorena Strozzi (2008) Treviso | 3h52.50 Patrizia Pacco (2017) | 3h35.42 Lorella Atzeni (2018) | 3h 31.21 Ersilia Isotta (1997) Cesano B. | 3h 30.26 Ersilia Isotta (2001) Milano | |